WEST BERKSHIRE 2007/2008

LEISURE





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West Berkshire Leisure & Community Directory

Your handy reference guide to clubs, organisations and useful contacts

The Leisure & Community Directory is independently produced and made possible by the participation of local advertisers.

Front cover pictures kindly provided by: Bray Lake Watersports, Bucklebury Farm Park, Children's Information Centre, The Look Out, East Berkshire College, Sovereign Housing.



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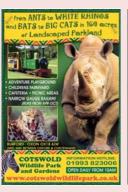
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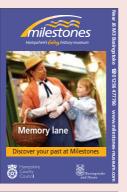


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Our Calendar of Events will guide you through next year's activities: there really is something for everyone at Wellington Country Park.





www.wellington-country-park.co.uk tel. 0118 932 6444



Cotswold Wildlife Park

Visit the Cotswold Wildlife Park and Gardens with your family or a group and you will find something of interest for all ages. There are over two hundred species of birds, mammals, reptiles and insects and many diverse gardening styles from the exotic planting in the Walled Garden and Tropical House to the more traditional herbaceous borders and parterre by the Manor House.

Wellington Country Park

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For those who like walking, there are four nature trails ranging from 25 minutes to an hour, take in the sights of the wildlife in its natural habitat and visit our herd of Red Deer in Waterloo Meadow.

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The Look Out Discovery Centre where learning is always fun



The Look Out Discovery Centre is a great day out for the family. The main attraction is an exciting hands on, interactive science and nature exhibition that offers over 70 bright and fun filled exhibits, in five themed zones. Come and 'fly' over The Look Out, freeze your shadow on the wall or climb through a giant mole hole.

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adult mountain bike hire (or bring your own), Coffee Shop, Gift Shop and Tourist Information Centre. The Look Out is open daily from 10.00am-5.00pm. The Look Out Discovery Centre, Nine Mile Ride, Bracknell, Berkshire RG12 7QW For more information, telephone 01344 354400. From M3, take junction 3, from M4 take junction 10. Look out for the brown tourist signs. Opposite Coral Reef. Free parking.

Milestones - Hampshire's living history museum

Milestones tells the story of everyday life at home and at work in the late Victorian times and in the 1930s. Thousands of objects collected from all over Hampshire are displayed in authentic recreated streets complete with shops. houses and factories and the noises of everyday life! Scenes are brought to life by costumed staff, films and mannequins, Activities for children aged 5 - 12. Exhibitions included in admission charge.

Gift shop, café and Edwardian style pub. All under one roof, Free parking Open Tues - Fri 10am - 5pm, Sat - Sun 11am - 5pm and Bank Hol Mondays, Closed Mondays, From ring road, follow brown signs to Leisure Park, www.milestones-

Milestones, Hampshire's Living History Museum Leisure Park, Churchill Way, West Basingstoke RG21 6YR Tel: 01256 477766



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Telephone 01865 407365. Visit our website for a map of how to find us www.pen-45 minutes before closing time. Open 2pm to 5.30pm on Saturdays and Sundays until 2nd December 2007, and at 11am on Wednesdays in the School Holidays and

at Half terms throughout the year at rear terms insougnous ine year. Orien at 11am every day of the Easter, Spring and Summer Bank Holiday from 2pm-5.30pm. CLOSED AT ALL OTHER TIMES

Weekends, Roonen at New Year Weekend, December 28th 2007- 1st January 2008. Adults £5.00, those over 60 £4. Child £3.00 except those 6 and under free. Pendon is a Revistened Charity - No 313614





Historic Ruin

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Telephone: Hampshire County County



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pastimes

Your guide to local activities

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Martin Pork 01865 311 411/07711 635720 caving@ndcc.fsnet.co.uk

Valkyries Caving Club Arthur Venning 01635 581162/07788 584802 wildvalkyries@aol.com

CHESS Berkshire Junior Chess

Association 01491 576052 Newbury Chess Club Mr Mike Marlow 01635 49345

CLIMATOLOGY Climatological Observers Link Dr Roger Brugge 0118 378 5577/01628 636276 brugge@met.rdg.ac.uk

CVCLING Cycle It Thatcham

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Reading Cycle Campaign Ros Furley 0845 330 2543 secretary@readingcyclecampaign.org.uk

www.readingcyclecampaign.org.uk West Berkshire SPOKES Patrick Keene 07881 943977 natrick keene@vodafone.co.uk

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▼ Vegetarian Dishes ▼ Licensed ¥ No-Smoking area M Table d'hote > Children Welcome & Outside Dining & Wheelchair access

Price Range: Average price for a 3-course meal with a half bottle of wine for one person including VAT under £20 " £20-30 " £30 and over (2) Credit cards accepted

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FOOD TOY THOUGHT Guide to Eating Out

A4 Bath Road, Midgham Nr. Thatcham RG7 5UX 0118 971 3384 Extensive international menu. Parties catered for

Lunchtime special menus £7.50. Food served all day Closed Monday Open Tue-Sat 11 30-3 30 5 00-11 00 Sun 12 00-10 30

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Gurkha Chef

26 The Broadway. Newbury (Near Clocktower) Tel: 01635 37333/47499

see www.qurkhachef.co.uk for full menu

Situated in the centre of Newbury, the Gurkha Chef is the only Nepalese restaurant in West Berkshire. Already proving very popular with many regulars enjoying the large

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Indigo Bay

54-55 Bartholomew Street, Newbury RG14 5QA

Reservation line: 01635 33999/01635 35000

info@indiqobayrestaurant.co.uk Indigo Bay takes its name from the indigo plant. A team of familiar faces run Indigo Bay, the chef is a winner of Curry Chef of the Year 1998

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Nawab Indian Restaurant. **Thatcham**

4-5 The Broadway, Thatcham RG19 3JA Tel: 01635 868800 or 01635 868030 Nawab, with its warm contemporary setting on two floors, continues to achieve an excellent reputation for fine varied Indian cuisine and friendly service. Parties catered for. Popular special priced Banquet Night on Tuesdays

Open: 7 days a week including bank holidays 12 noon -2.30pm and 6.00pm - 11.30pm Thurs - Sat : 12 noon - 2.30pm & 6.00pm - midnight

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Tel: 01635 551133 The Red House at Marsh

Benham 01635 582017

Pretty thatched pub with large garden and terrace just off the A4 between Newbury and Hungerford featuring modern British food with a French twist. Offering A La Carte and Bistro menus and an extensive wine list. Available for private functions. Open: 12.00-2.30 & 6.00-10.00. Closed Sunday evening.

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Price Range: Average price for a 3-course meal with a half bottle of wine for one person including VAT. " under £20 " £20-30 " £30 and over



35-37 High Street, Thatcham RG19 3JG Tel: 01635 862228 / 862416

Well established, offering a varied selection of freshly cooked dishes including crab, duck and fish, Extensive wine list. Plenty of space for large groups of friends to be seated altogether on one table if required. Value for money Banquetting Specials on Sundays. Open seven days a week including Bank Holidays, 12 noon - 2.30pm & 6pm - 11.30pm, Fri & Sat 5.30pm-11.30pm

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Tikka House

85 Bartholomew Street, Newbury Tel - 01635 552026 / 552513

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We also work in partnership with local agencies to reduce other community risks, including hoax calls and road traffic collisions.

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REDUCING

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- Take care if you are wearing loose clothing, it can easily catch fire.
- Check the toaster is clean and away from curtains and paper rolls.
- Don't leave pans unattended. Take them off the heat when you leave the room.
- Don't overload sockets use only one plug per socket.

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Soldiers, Sailors, Airmen &

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rea@stampsunlimited.com

Newbury & District

Mr Bob McGuiness

Berkshire Division

Mrs V Hepplewhite

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Cot Death Society

Berkshire Branch

01635 523573

Daisys Dream

Miss Julia Guest

Society National

support@uk-sands.org

Rarn Owl Trust

01364 653026

0118 981 6181

Brian Uttlev

BIRDS

Group

info@daisysdream.org.uk

0207 436 7940 office

info@barnowltrust org.uk

Royal Society For Protection Of

Birds Newbury/Thatcham Area

Theale Area Rind Conservation

Grace & Don Bowley-Booth

0207436 5881 helpline

Stillbirth & Neonatal Death

0118 934 2604

help@cotdeathsociety.org.uk

Cruse Bereavement Care West

Branch

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01635 847688

01635 580208

01488 638582

Katie Perris

0845 6010234

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ALMSHOUSES Almshouses of John Isbury

P Penfold 01488 72270 ANIMALS

Blue Cross (The)
Julie Clifford 01993 822651
Bransby Home Of Rest For Horses
P Hunt 01427 788464
National Animal Welfare Trust
01488 638584

PDSA Mrs C Evans 01952 290999 pr@pds.org.uk Racing Welfare Brian Holmes 01488 670034 The Donkey Sanctuary Miss Dawn Svendsen

01395 578222 dawn.svendsen@thedonkeysanctuary.com ARMED FORCES

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of the Royal Army Ordnance Corps Association Mrs E G Ingham 01252 540790 eingham@compuserve.com Royal Air Forces Association

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01635 200443

BRITISH LEGION Royal British Legion Berkshire J S Regan OBE 0118 976 1551

Branch

jregan@britishlegion.org.uk
Royal British Legion Newbury
Branch
T S Moran
01635 47415 (24hrs)
01635 297552
rblnevbury@tiscali.co.uk or
tumoran@virgin.net
Royal British Legion Tilehurst

J Potten 01189 9451206 BUSINESS

Newbury & West Berkshire Jaycees Joanne Fulker 01635 36807 newburyjc@bjc.org.uk

CANALS Kennet & Avon Canal Trust Hungerford Branch A R Bond

01488 682144 01488 686724 Kennet & Avon Canal Trust Newbury Branch Jane Elwell 01635 569647

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Newbury & District Crossroads
Care Attendant Scheme
Jenny Hatch 01635 30008
Newbury Stroke Club
Mrs Janet Sugden
01488 657157

Princess Royal Trust Carers Service Deborah Wilson 0118 950 3941 info@ortcarers4.fsnet.co.uk

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Onmerce Mr C B Heslop 01635 868202 01635 868880

contact

West Berks Chamber Of Commerce Alison Jones 01635 567156 westberks@thamesvalleychamber.co.uk

CHRISTIAN CHURCH Newbury Salvation Army

Captain Jim Cussen and Major Edwina Cussen 01635 552796 / 01635 44633 COMMUNITY

Adfam National Vivienne Evans 020 7928 8898 admin@adfam.org.uk

Bahai Community of Newbury A Fleming 01635 31329 af@prestigenetwork.com Bahai Community of Thatcham

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The Country Neighbour Alison Radevsky 01491 671744

alisonradevskav@aol.com Wash Common Community Association

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England Lady Barber

01488 668419 Friends Of St Marys Church Kintbury Chris Dovle 01488 657077 dovle c@htinternet com Friends Of The Ridgeway

Peter Gould 0117 9733059 ridgewayfriends@aol.com Newhury Friends of the Earth Adrian Foster-Fletcher

01635 254979 adrian@focusexecutive.co.uk **Newbury Society** Elke Holden-Bell 01635 30868 newbury-society@newbury.net

Deaf Education Through Listening & Talking Wendy Barnes 01440 783 689 National Deaf Childrens Society

0207 490 8656 020 7250 0123 helpline@ndcs.org.uk DISABII ITV Association Of Disabled Professionals Kath Sutherland 01204 431638

adp.admin@ntlworld.com Berkshire Disability Information Network John O'Neill ask@bdin.freeserve.uk **REMAP Berkshire** S. Drake 01635 298253 Thrive, Trunkwell Garden Project Susan Tabor 0118 988 4844

trunkwell@thrive.org.uk DISABLED Readibus 0118 931 0000

info@readibus.co.uk www.readibus.co.uk

Newbury & District Dog Training Society Pauline Ilott 01488 71761/72212 Puppy School: Puppy Training & Socialisation Classes Jo Dearing (West Berks contact) 07730 413674 joannedearing@hotmail.com

Reading Dog Training Club Mrs Kathy Johns 01189 756072 01189 697 553 kathryn.johns@ntlworld.com

DVSLEXIA West Berkshire Dyslexia Association

Nicola I. Moorcroft

DANDER Speakability Cecilia Yardley 020 7261 9572 - Admin 0171 261 9572

speakability@speakability.org.uk EDUCATION Breedon Educational &

Vocational Foundation R J M Thomas 0118 984 2266 **Newbury College Training** Services Geoff Mason 01635 84500 q-mason@newbury-college.ac.uk West Berkshire Training Consortium Tammera Fasterling 01635 35975

matt@whtr-uk.com

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District Mrs S Kitchener 01635 41294 Charity Search Dora Aspin 0117 982 4060 Civil Service Retirement

Fellowship J. Childs 01635 45586 childs79@htinternet.com Golden Age Club Tilehurst Bernard John Morley 01189 425 300 bernard138@supanet.com Newbury Almshouse Trust Mrs A Curran 01635 36808 Pangbourne & District Lunch Club For The Elderly & Isolated Mrs Joyce Olsen 0118 984 3228 nhale@anl.com

Readibus 0118 931 0000 info@readibus co.uk www.readibus.co.uk

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James Crass 01252 360767 Jobcentre Plus Cromwell House, Oxford Street, Newbury 0845 600 4250

01635 648500 ENVIRONMENT Greenham & Crookham Common Conservation

Volunteers Dorok Emos 01635 268331 derek.emes@tesco.net

FIBROMYALGIA Reading Fibromyalgia Support Group Sue Tait

0870 750 9859 (10-4 weekdays) suefmsupport@tinvworld.co.uk

FRIENDSHIP CLUB Newbury Torch Club Mr Jane Belcher 01635 30020 01635 40210

janeb@shellbankside.co.uk FUNDRAISING Lions Club Of Newbury David Merchant 01635 46495

01189 875 837 fx

davemerchant@supanet.com **Newbury Round Table** Robert Spalton 0771 345 2485/01635 581063 robert roalton@htonemworld.com Reading & District Hospitals Charity Mr P I Ryan 0118 987 7962

Trinity School Appeal Trust Paul Bowers 01635 35255/01635 46701

GEOLOGY Reading Geological Society Christine Hooper 0118 947 1597

chris@4hooper.freeserve.co.uk CRANTS

Berkshire Community Foundation Robin Draper 0118 930 3021 bcf@i-way.co.uk

HEALING Kennet Valley Healers Rosemary Massie 01635 43817

Allergy UK (operational name of the British Alleray Foundation) Peter Simmons 020 8303 8525 (answer phone out side office hours) info@allergyuk.org

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Hydrocephalus South East Region Mrs Jo Francis 020 8449 0475 jof@asbah.org Berkshire Autistic Society Io Swinn 0118 959 4594 contact@autismberkshire fsnet co.uk

Berkshire Chest Heart & Stroke Care Association Major R Eke MBE DFC 0118 978 1679 rfnek@aol.com

Berkshire County Blind Society Newbury Branch Brian Wilmot 01635 47792 Brainwave Mr Carl Puzev 01278 429089

carlpuzey@brainwave.org.uk **British Red Cross** Newbury Centre 01635 40081 British Red Cross Society Hungerford Branch Cecil Hawkes 01488 681481 Charles Clore Macmillan Day Unit Chris Salisbury 01635 523680 Dyspraxia Foundation 01462 455052

dvspraxia@dvspraxiafoundation.org.uk Fellowship Of Depressives Anonymous Jocelyn Luxon 0870 774 4320 fdainfo@aol com

Lupus UK Thames Valley Group Mrs Carole A Storrie 01189 670 231 Motor Neurone Disease Association Reading & West Rorkshire Branch Valerie A Pearson 0118 9789063/0118 983 5472 Muscular Dystrophy Campaign 020 7498 0670/020 7720 8055

info@muscular-dvstrophv.or National Association for Pre-Menstrual Syndrome Jane Hanson 01635 201064 National Childbirth Trust. Newbury & District N Thomas 01635 253705 **Newbury & District Cancer Care** Suzanne Oliver 01635 31542

cancercare@newbury.net Parkinsons Disease Society 0270 7931 8080 020 7630 8745 enquires@parkinsons.org.uk Parkinsons Disease Society Newbury & District Branch Mrs M Hansford 01635 869532

mhansford@tiscali.co.uk SAD Association Spinal Injuries Association 0208 444 2121 0800 9800501 sia@spinal.co.uk West Berkshire Citizen Advocacy Service Patrick Slater M R F

01635 38964 webcas@westberkshiremencap.org West Berkshire Heart Support Group 01189 572 080

graham.spencer7@btopenworld.com West Berkshire Heart Support Group West Reading Branch 01189 63 6638 West Berkshire Heart Support Group Wokingham, Woodley and Earley Branch 01189 63 6638

HEARING Newbury and Thatcham Hard of Hearing Club Charles Baxter 01635 35317

Berkshire Womens Aid The Way Foundation 0870 011 3450 Home-Start West Berkshire Jo Bosley 01635 528202 NovtSton Rorkshire Lesley Reilly 0845 6018595

HELD & ADVICE

info@berkshire-iag.org.uk

www.nextberkshire.org.uk

Samaritans 08457 909090 West Berkshire Citizens Advice Bureau Laurian Tobin 01635 552050

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LANGUAGES Thames Euroclub info@thameseuroclub.org.uk LEARNING DISABILITIES

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Royal National Lifeboat Institution Newbury Branch Mr M P Foster 01635 867736 iillwilson@dsl.pipex.com MARKETS

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MOTOR CYCLING West Berkshire Motorcycle Training Scheme Terry Davidson

www.tvfm.org.uk

01635 863200/07770 364595 **MULTIPLE SCLEROSIS** Newbury & District Multiple Sclerosis Society Mrs MA Tuersley 01635 867545

NATURAL HISTORY **BBOWT Berkshire** Martin Lane

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PHOBIAS No Panic

Colin Hammond 0808 8080545 (freephone) ceo@nopanic.org.uk

POLITICS Campaign For An Independent **Britain** Muriel Parsons 0118 9420056

cibberkshire@yahoo.co.uk PUBLIC SPEAKING Newbury Speakers Club David Creek

RAPE ADVICE Rape And Sexual Abuse Counsellina 01962 848018

RESIDENTS **Burghfield Village Residents**

Association Mr John Valentine 0118 983 1949 byra@treasurestax.com

RESPITE CARE RRFAK

Guest Bookings Administrator 01263 822161

office@break.charity.org SLIMMING

Weight Watchers Thatcham Customer Service

01635 846346 bioa@btinternet.com david.creek@ntlworld.com 0845 3451500 **Retirement community coming**

soon to Kintbury

Audley, one of the UK's leading retirement developers, will provide 96 one and two bedroom apartments for Kintbury's over-55s

The development will be arranged in and around a former luxury spa and health hydro, once owned by the Champneys Group. Named Inglewood, the site is ideally located, nestled in the beautiful Berkshire countryside and surrounded by open meadows and rolling hills.

Leanne Johns, sales and marketing manager for Audley, comments: "2007 will see us restore the former health spa to its former glory and transform it into a new retirement community to provide over 55s with independence and security." Inglewood will offer a wide range of facilities and activities aimed at promoting an active lifestyle as well as a variety of optional support services to meet the differing needs, abilities and aspirations of its residents.

Properties are expected to be released for sale in September 2007. For further information on Inglewood, telephone 01784 457615 or visit www.audlevlife.co.uk

Steps for success

CfBT Advice and Guidance (as part of nextstep Berkshire), along with its partners Scout Enterprises and WEA, are running courses within their new Steps for Success programme. This programme has been awarded to CfBT, by the Learning and Skills Council, due to their excellent track record in helping clients into learning, training or work.

If you are returning to work, a migrant worker, recently made redundant, 'stuck in a rut', in temporary employment or long term unemployed, then Steps for Success could be for you!

They offer an assessment and advice to help determine your needs, then determine the right course for you. Either, a vocational taster session, a 'return to work' workshop, a 'working in the UK' workshop (for clients new to the UK), or a longer 'skills for work' course

They also offer quidance to help you plot your onward steps into learning, training or work

For further information please contact nextstep Berkshire on 0845 601 8595, or via their website www.nextstepberkshire.org.uk, or text on 07795358392

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